

care | resource

YOUR *COMMUNITY'S SOURCE*
FOR **HEALTHCARE**



**SERVING
MIAMI-DADE
& BROWARD
COUNTIES**

About Care|resource

Mission

Through education, prevention, research, care & treatment, and support services, Care Resource improves upon the health and overall quality of life of our diverse South Florida communities in need.



Vision

Care Resource strives to expand and improve the provision of a broad continuum of services in response to growing needs for certain services among specific populations in the South Florida community, making special efforts to engage hard-to-reach populations through effective, culturally appropriate messages.

Care Resource

A 501 (c)(3) nonprofit organization and a Federally Qualified Health Center (FQHC) with locations in Miami-Dade and Broward counties. Care Resource provides comprehensive primary medical and preventive care, including dental care, in-house pharmacy services and behavioral health/substance abuse services, to all individuals in South Florida's diverse communities.

Services

Primary Medical Care

Care Resource offers comprehensive primary medical care at an affordable cost. These services are available at all of the Care Resource offices in Miami-Dade and Broward counties, hours may vary by location.

Care Resource's Primary Medical Services include:

- Routine adult health maintenance visits
- Physical examinations
- Blood pressure screenings
- Cancer screenings
- Nutrition consultations
- Chronic disease management & education
- Well-woman and gynecological care
- Referrals to specialists

To make an appointment call Care Resource at 305.576.1234 extension 470 (English) and 471 (Español)



Sliding-Fee Scale



Clients who are uninsured may be eligible for our Sliding-Fee Scale Program where they can receive medical care at an affordable cost. Eligibility for the program is based on gross household income and family size.

Services



Pediatric Care

Care Resource pediatric medical care is available for children from infancy to 18 years of age. Pediatric Services are available at Care Resource's Midtown Miami and Little Havana offices, hours may vary by location.

Pediatric Services include:

- Routine health screenings and adolescent care
- Well-child care
- Pediatric hearing, vision and dental care
- Immunizations
- Sports physicals

Care Resource behavioral health professionals will provide counseling services to adolescents, based on a referral from primary care providers



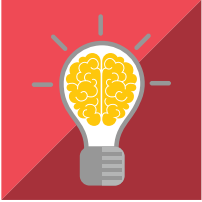
Dental Care

Care Resource offers complete dental care to make sure your smile stays healthy. Dental Services are available at Care Resource's Midtown Miami and Ft. Lauderdale offices, hours may vary by location.

Dental Services include:

- Routine check-ups and cleanings
- Children's dental screenings and treatment
- Composite and/or amalgam fillings and extractions
- Crowns, fixed bridges, and bleaching
- Full and partial dentures

To make an appointment call Care Resource at
305.576.1234 Ext 192 (Midtown Miami Office) or
954.567.7141 Ext 152 (Ft.Lauderdale Office)



Behavioral Health

Care Resource's diverse behavioral health and substance abuse services and programs will help you manage your emotional and psychological well-being, so you can thrive.

Behavioral Health services include:

Counseling and therapy

- Individual counseling
- Group counseling
- Psycho-educational groups
- Health and behavioral services

Outpatient substance abuse services include

- Evaluations
- Individual and group counseling
- Outpatient program services
- Referrals to more intensive treatment programs as needed



Case Management

Care Resource's Case Managers are available to assist in coordinating your care by assessing your eligibility for programs and services to help support your health.

Together, you and a Case Manager will identify your needs and develop a plan of care.

Case Management services include assistance with:

- Insurance and pharmacy coverage
- Income entitlement programs
- Job training and education programs
- Housing and transportation
- Emergency and financial assistance
- Substance abuse programs
- Behavioral health support
- Concrete needs such as: food, clothing, eyeglasses, and medically necessary items

Case managers also help with referrals, advocacy, and developing and maintaining realistic health care plans.

Services



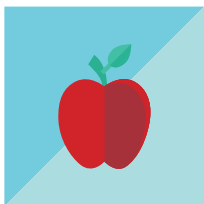
LGBT Health Care

Care Resource is dedicated to providing affirming, expert care to LGBT individuals. Our health care providers and staff are knowledgeable in all aspects of lesbian, gay, bisexual, and transgender care. Care Resource has been designated an "Equality Leader" by the Healthcare Equality Index (HEI).

Care Resource's LGBT Health Care services include:

- Primary medical care
- Dental services
- Women's wellness
- Behavioral health including substance abuse services
- HIV/AIDS and Hepatitis C specialty care
- STD screenings and free HIV testing
- Pharmacy services
- Nutrition services
- Case management services
- Transgender health care

Care Resource's providers are trained to offer health care specific to the needs of transgender individuals. Our providers adhere generally to the World Professional Association for Transgender Health (WPATH) Standards of Care (formerly known as the Harry Benjamin Standards of Care).



Nutrition Services

Care Resource's Registered Dietitian will help you maintain your health with support and guidance for better eating; because eating right, not only makes you feel better, it makes you look better too. Our Nutritional Services include assessments and education.

People who may benefit from our Nutrition Services include those with:

- Weight concerns - either overweight or underweight
- HIV or Hepatitis C
- Diabetes
- Hypertension (high blood pressure)

To make an appointment call Care Resource's Registered Dietitian at 305.576.1234 Ext 130

Specialized HIV Care & Support Services

If you've been diagnosed with HIV/AIDS, Hepatitis C, or another infectious disease, you can live a long and enjoyable life.

Our infectious disease health care services provide you with more than just treatment for the disease - we partner with you to help you stay healthy and happy.

Care Resource's HIV/AIDS and Infectious Disease Medical Care services include:

- Primary medical care
- Dental services
- Nutrition consultations & guidance to help you maintain a healthy weight
- Behavioral health services including psychiatrists and support groups
- Substance abuse services
- Effective medications to fight HIV
- Pharmacy services
- On-going case management
- Linkage and retention programs



The Food for Life Network provides food bank services and home delivered meals to those living with HIV and their dependents. This service is offered in Miami-Dade County, and eligibility is based on income, and health and dietary needs.



Services



Pharmacy Services

Care Resource offers on-site pharmacy services at our Midtown Miami and Ft. Lauderdale locations thanks to our partnership with Walgreens.

Walgreens offers exceptional level of individualized service, to include:

- Free “same day” home delivery service (right to your door in a safe, secure and confidential package.)
- One-on-one patient counseling
- Customized inventory, plus hard-to-find medications
- Regular patient and physician communication to assist with adherence
- Specialty HIV/AIDS trained pharmacists

MAIL ORDER PHARMACY

Additionally, Curanthealth is our mail order partner pharmacy, which provides medication management programs and services directly to your front door.

Some of their benefits include:

- Free, convenient home medication delivery (DHL, UPS, FedEx, USPS)
- Medications packaged to meet your lifestyle
- Dedicated patient care coordinators
- Specialty HIV/AIDS pharmacists and technicians

Our goal is to initiate long lasting relationships with our patients and continue to grow our services to reach the community in need and to help you achieve a healthy and happy lifestyle. With your continued support of our pharmacy services and through Care Resource’s participation in the 340B Program we are able to stretch scarce federal resource dollars to assist in meeting the needs of the underserved population within our communities. For more information about our pharmacy services, please contact our Pharmacy Services Manager, at 305.576.1234 Ext 128.



Health Screenings

Care Resource offers walk-in testing services to anyone.

Our HIV/STD screening services include:

HIV Counseling, Testing, and Referral

- Free and confidential
- Walk-in service only
- Oral swab or finger stick (OraQuick) and confirmation of reactive results by blood
- Rapid test results in 20 minutes

STD Screening and Treatment

- Current Care Resource patients: please make an appointment with your provider or walk-in.
- Non-patients: Free screening for chlamydia, gonorrhea, and syphilis
- Treatment services offered based on diagnosis.*

Other health screening services include:

Glucose, Cholesterol & Blood Pressure Screening

- Current Care Resource patients: please make an appointment with your provider or walk-in.
- Non-patients without health insurance: screenings for glucose, cholesterol & blood pressure are available at no cost
- Treatment referrals as needed based on screening results.*

Hepatitis C Rapid Testing

- Current Care Resource patients: please make an appointment with your provider or walk-in.
- Non-patients without health insurance: Free rapid screening by finger-stick and confirmation of reactive results by blood
- Rapid test results in 20 minutes
- Referrals available for treatment based on confirmatory results

*Uninsured clients may be eligible for our discount program



Supporting care|resource

We are proud to partner with the following funders who help support our work

Broward County

Centers for Disease Control & Prevention (CDC)

Florida Department of Health

Health Foundation of South Florida (HFSF)

South Florida Behavioral Health Network (SFBHN)

U.S. Department of Housing and Urban Development

Miami-Dade County

U.S. Department of Health and Human Services

United Way of Miami-Dade

For a full list of Funders, please visit careresource.org



Join the Cause



/AIDSWalkMiami



@AIDSWalkMiami

AidsWalkMiami.org

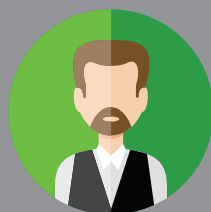
Volunteer with us



305.576.1234 Ext 278



volunteer@careresource.org



Donations



HELP PUT THE “CARE” IN CARE RESOURCE

Care Resource accepts donations to raise supplementary funds to meet the critical needs of South Florida’s diverse communities.

Across Miami-Dade and Broward counties, we serve yearly over 5,000 patients, perform over 14,000 HIV and STD screenings, as well as, deliver more than 25,000 meals to home-bound clients through our Food for Life Network.

If you or your organization would like to make a donation, please visit our website.

[caresource.org/donations](https://www.caresource.org/donations)

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MIDTOWN MIAMI
3510 Biscayne Blvd.
Miami, FL 33137
305.576.1234

MIAMI - LITTLE HAVANA
1901 SW 1st St., FL 3
Miami, FL 33135
305.203.5230

MIAMI BEACH
1701 Meridian Ave., Suite 400
Miami Beach, FL 33139
305.673.3555

OAKLAND PARK
871 W Oakland Park Blvd.
Ft. Lauderdale, FL 33311
954.567.7141



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